## BIRTH CONTROL QUESTIONNAIRE (Previsit)

## **Instructions**

Please answer the questions on this form and return the form to the nurse. If you don't already have an appointment, a nurse will review the form and contact you to schedule one.

If you think you need Plan B emergency contraceptive, please let the nurse know.	
Name: Birthdate:/ Age:	
Date:/ Current Medications:	
PERIOD/MENSTRUAL HISTORY:	
First day of my last period:/	
Have you had unprotected sex (without a condom or other form of birth control) since your last	
period?YesNo. If yes, approximate the date of unprotected sex://	
My periods come about every days. My periods usually last days	
My flow is: Scanty Moderate Heavy Painful	
I began having menstrual periods at age	
I have/have had irregular periods: Yes No	
I have severe menstrual cramps: Yes No	
Do you have or have you ever had any of the following (please check all that apply):	
Heart diseaseBlood clotsHigh blood pressureGallbladder problems	
DiabetesChest painLiver tumor or problemsBreast cancerCervical Cancer	
Sexually Transmitted Infections(STI's)Stroke or paralysisAbnormal Pap Smear	
Infection in the tubes, ovaries, or uterusFemale or abdominal surgery	
Severe headaches with blurred vision, nausea, or dizzinessGestational trophoblastic disease	
Systemic Lupus erythematosusOrgan transplantDistorted uterine cavity	
Explain any answers checked:	
Do you have any significant medical conditions or health problems: Yes No	
If yes, explain:	
Has a close relative ever had unexplained blood clots in the legs or lungs? Yes No  If yes, please explain:	
Do you smoke cigarettes? Yes No If yes, how many per day?	

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BIRTH CONTROL (check all that apply):
I have never had sex I am sexually active I have a new sex partner
Age of first intercourse Number of sex partners to date How long with present partner
Pregnancies:
Have you ever been pregnant: Yes No Do you think you are pregnant: Yes No
Have you been pregnant in the last month: Yes No
Have you ever had a Pap test? Yes No If yes, approximate date//
Pap results (normal or abnormal):
Have you ever used any type of birth control before, including condoms? Yes No
If yes, please explain:
Have you ever taken Emergency Contraception such as Plan B? Yes No  If yes, please list the date(s):
Do you have any concerns or questions? Yes No
If yes, please explain:
Name: Date:/
Signature:
5
Email:
This section for office use
Nurse/NP/MD Signature (reviewed by): Date Reviewed://