

## MEDICATION TITRATION SCHEDULE FOR GABAPENTIN & PREGABALIN

### Gabapentin 100MG

(Amount of pills to take)

	<b>Morning</b>	<b>Noon</b>	<b>Night</b>
<b>1<sup>st</sup> week</b>	<b>X</b>	<b>X</b>	<b>1</b>
<b>2<sup>nd</sup> week</b>	<b>X</b>	<b>1</b>	<b>1</b>
<b>3<sup>rd</sup> week</b>	<b>1</b>	<b>1</b>	<b>1</b>
<b>4<sup>th</sup> week</b>	<b>1</b>	<b>1</b>	<b>2</b>
<b>5<sup>th</sup> week</b>	<b>1</b>	<b>2</b>	<b>2</b>
<b>6<sup>th</sup> week</b>	<b>2</b>	<b>2</b>	<b>2</b>

### Gabapentin 300MG

(Amount of pills to take)

	<b>Morning</b>	<b>Noon</b>	<b>Night</b>
<b>1<sup>st</sup> week</b>	<b>X</b>	<b>X</b>	<b>1</b>
<b>2<sup>nd</sup> week</b>	<b>X</b>	<b>1</b>	<b>1</b>
<b>3<sup>rd</sup> week</b>	<b>1</b>	<b>1</b>	<b>1</b>
<b>4<sup>th</sup> week</b>	<b>1</b>	<b>1</b>	<b>2</b>
<b>5<sup>th</sup> week</b>	<b>1</b>	<b>2</b>	<b>2</b>
<b>6<sup>th</sup> week</b>	<b>2</b>	<b>2</b>	<b>2</b>

For any questions please contact our office.

## MEDICATION TITRATION SCHEDULE FOR GABAPENTIN & PREGABALIN

### **Lyrica**

(For Fibromyalgia/Musculoskeletal pain)

	<b>MORNING</b>	<b>NIGHT</b>
<b>1-3 DAYS</b>	<b>X</b>	<b>75mg</b>
<b>4-6 DAYS</b>	<b>75mg</b>	<b>75mg</b>
<b>7-10 DAYS</b>	<b>75mg</b>	<b>150mg</b>
<b>11-14 DAYS</b>	<b>150mg</b>	<b>150mg</b>

### **Lyrica**

(Neuropathic pain/ Neuropathy pain)

	<b>MORNING</b>	<b>NOON</b>	<b>NIGHT</b>
<b>WEEK 1</b>	<b>50mg</b>	<b>50mg</b>	<b>50mg</b>
<b>WEEK 2</b>	<b>100mg</b>	<b>100mg</b>	<b>100mg</b>
<b>WEEK 3</b>	<b>150mg</b>	<b>150mg</b>	<b>150mg</b>
<b>WEEK 4</b>	<b>200mg</b>	<b>200mg</b>	<b>200mg</b>

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